

Let's Eat Out

Casual Downtown Dining

Mix It Up—A Salad Boutique, at 72 Mamaroneck Ave. (between Quarropas Street and Martine Avenue) hasn't opened yet but promises to be just what the health-conscious White Plains salad aficionado ordered. The restaurant, which bills itself as a "Manhattan influenced establishment," will feature salads you can design yourself choosing from delectables like smoked tofu, heirloom tomatoes, hearts of palm and smoked applewood bacon, soups, paninnis, baked goods and gourmet nuts. Mix-It Up's founder Samantha Young put herself through FIT as a hostess at Gertrude's Restaurant where she later became assistant to the chef Laurent Manrique. She was catering manager at Jean Louis Palladin's Palladin Restaurant and most recently at Olives restaurant. Her partner Tara Nicosia also has a background in restaurant management and catering. Both are Bronxville residents. "We can't wait to open!" says Young. A February opening is planned.